

Dear Parents,

The cross-country season is well on its way. We will be practicing at various locations around the city to get the most out of our practice time. Practices will be at the following locations; Memorial Park, Allen Parkway, and routes around the school neighborhood. Afternoon practice starts at 3.30 pm and we will be back to the school by 5:30 pm if we leave campus. Off campus practices will be held at Allen Parkway and Shephard on the south east corner. Morning practice starts at 6:00am.

I just want to touch base with everyone in regards to the up coming races. The first race will be on Friday Aug 31, 2007. The season will end with the State meet on Saturday October 27, 2007. The top 7 boys and 7 girls from St. Pius X High School will qualify to run at the state meet.

\*\*The following is information that you will need for the 2007 cross-country season.

**Runners competing in this race will be advised. Freshman and new runners will NOT be running this weekend.**

### **Meet 1- University Of Houston- Saturday August 25, 2007**

**Site-** University of Houston Campus Wellness and Recreation Field.

**Time of arrival-** 8:00am

#### **Schedule:**

9:15 Senior Boys

9:45 Junior Boys

10:15 Sophomore boys

#### **Directions:**

I-45 South towards University of Houston. Take Spur 5 exit, follow Spur 5 to University Drive and turn right. Park in lot 20.

### **Meet #2 Friday Night Lights**

**Friday August 31, 2007**

**Site-** Bear Branch Fields

**Time of Arrival-** 5:30pm. We will leave from school on the bus.

#### **Schedule:**

Open Race (new runners) 6:30pm

Freshman Boys 7:00pm

Girls JV 7:25pm

Boys JV 7:50pm

Boys Varsity A Race 9:30pm

**Directions:**

I-45 North to the Woodlands

Exit Research Drive

The fields are located on the left approximately 4 miles up the road.

**Meet #3 Kingwood Cross Country/ Andy Wells Invitational  
Saturday September 8, 2007**

**Site-** Kingwood High School

**Time of arrival-** 7:30 am

**Schedule:**

8:30 Varsity boys

9:00 all female will run in the JV division (2 mile race)

9:25 JV boys

**Directions:** 2701 Kingwood Drive, Kingwood Texas

I-45 to the Beltway East. (Going towards intercontinental airport.)

Go 59 North towards Cleveland, Take the Kingwood exit. Follow Kingwood Dr, and turn left one street past Valley Manor Dr.

**Meet #4 Humble ISD Region 111 Preview Meet  
Saturday September 15, 2007 – Humble Invitational**

**Site-** North Harris Community College

**Time of Arrival-** 7:20am

**Directions:****Option 1**

Take I-45 North, exit FM 1960 and go east. At Aldine Westfield Rd go south(right turn).

You will go less than 1 mile there is a McDonalds at the corner. Turn right on WW

Thorne and the college is down the road ½ mile.

**Option 2**

Take 59 North exit 1960 and go west about 7 miles. At Aldine Westfield Rd go

south(right turn). You will go less than 1 mile there is a McDonalds at the corner. Turn

right on WW Thorne and the college is down the road ½ mile.

## **Meet 5- Texas A&M, Saturday September 22, 2007**

**Site-** Texas A&M University Intramurals Fields

**Time of arrival:** people coming with coach on the bus must meet at school at 6:00am at St. Pius X High School. There will be a car-pool arranged for the folks up in Kingwood. There are several of you.

9:00- seeded boys

10:05- 5A-4A Boys

10:40- 5A-4A Girls (White Race)

There will be more details closer to the meet date

## **Meet #6- Saturday September 29, 2007**

To Be Determined. We may have an open week where we practice somewhere or we will be in a meet. More information will come later.

## **Meet 7 -Nike South Invitational, Saturday October 6, 2007**

**Site-** Bear Branch Sports Park (5205 Research Forest Drive, The Woodlands)

**Time of arrival-** 7:00am

### **Schedule**

8:00 Varsity elite boys (Joey D'Eramo)

9:00 Varsity boys

10:30 Varsity girls

11:00 JV girls

**Directions:** Take 1-45 North. Take Exit 77 towards Lake Woodlands Dr./research Forest Dr./Tamina Road. Turn slight left onto 1-45. Turn left onto Research Forest Dr. make a u-turn at Bear springs Pl. onto Research Forest Dr.

Park at the North Harris County College administration building located on the north side of Research Forest Drive. (At the intersection of shadowbend drive) and is about a 2 block walk west to the course

## **Meet #8- Sam Houston Invitational, Saturday October 13<sup>th</sup> 2007**

**Site-** T.C Jester Park

**Time of arrival-** 8:00am

### **Schedule**

Varsity Boys 9:00

Varsity girls 9:30

J.V. Boys 10:00

JV girls 10:30

Freshman boys 11:00

**Directions-** 610 North Loop. Exit T.C. Jester Park West. Go north on T.C. Jester West, the course is along the bayou starting by the swimming pool. The course is just south of 43<sup>rd</sup> street.

## **Meet 9- District Meet Wednesday Oct. 17, 2007**

**Site-** St. Thomas High school

**Time of arrival-** 3:30, all runners will leave from school in the bus

**Directions:** The corner of Shephard and Memorial Drive. South of St. Thomas High School and North of Allen Parkway

## **Meet 10- State competition- San Antonio Texas**

### **Sat Oct 27, 2007**

Information will be provided as soon as possible. I do not have the particulars at this time. The top 7 male and female runners from St Pius X High School will go to San Antonio, Texas to run at the State Competition. Runners will be evaluated on both their meet times and their attendance at the meets. The runners will be chosen by Oct. 19, 2007.

**\*\*All athletes will be expected to arrive at the **check in** time and stay until the last race is over. As a team, I feel that all members need to stay for moral support. The top 7 male and female racers will compete at the varsity level and all other runners will compete at the JV level. This will be evaluated at the end of each race. Depending on how well each athlete runs will determine whether they are varsity or JV at the next race. If you would like to talk to me please call me at 713 419 7959.**

**We Race Rain or Shine so unless it is flooding we will be Racing.  
If it's too wet or cold or hot for everyone else it is just right for us.**

# **2007 St. Pius X Cross-Country**

## **Dates, Meets, Directions, Schedules**

2007 Cross Country Schedule  
Coach: Ms. Van Wassenhove

Saturday, August 25- University of Houston

Friday August 31- Friday Night Lights Woodlands

Saturday, September 8- Kingwood Invitational

Saturday, September 15- Humble Invitational

Saturday, September 22- Texas A&M Invitational

Saturday, September 29- TBD

Saturday, October 6- Nike South Invitational, Woodlands

Saturday October 13- T.C Jester Meet

Wednesday, Oct. 17- District Meet St. Thomas

Saturday October 27- State Meet- San Antonio